



### **POINT AND SHOOT 101**

*Saturday, February 4, 9am-11am  
Parker River National Wildlife Refuge  
6 Plum Island Turnpike*

If you are one of the millions of people who own a “point & shoot” digital camera, love nature, AND are a little timid about taking your camera off the automatic setting, then this presentation is for you! Matt Poole, refuge visitor services manager and avid nature photographer, will present a variety of practical tips and suggestions that will empower you to unleash the capacity for you and your camera to capture beautiful and compelling images of nature. The presentation will be conducted in the refuge visitor center auditorium. Attendees are welcome to bring their cameras, with manuals, if they have specific questions about their equipment. Pre-registration is NOT required.

### **JOPPA FLATS EDUCATION CENTER - SATURDAY MORNING BIRDING**

*Saturday February 4, 9.30am – 11.30am  
Joppa Flats, One Plum Island Turnpike*  
Our experienced leaders will take you around to all the birding hot spots in the Newburyport/Plum Island area in search of avian activity. Beginners and birders of all skill levels are welcome. Don't forget to bring your sense of excitement about this great area - one of the best year-round birding locations in the country. For more information on this and numerous other programs offered by Joppa Flats Audubon, please Check our Calendar.

### **FAMILY FLYBY AT JOPPA FLATS: ENDANGERED SPECIES S.O.S.**

*Saturday February 4, 10am – 2pm  
Joppa Flats, One Plum Island Turnpike*  
Fly by or settle in for free-flowing nature fun. Crafts, experiments, games, and more for families with children ages 2 to 12.

### **NEWBURYPORT FARMERS' MARKET**

*Sunday, February 5, 10.00am-2.00pm  
Tannery Market Place Event Tent*  
Come shop for local produce, free-range meats, baked goods, cheeses, crafts.

### **ROTARY'S ANNUAL FRIGID FIVER ROAD RACE!**

*Sunday, February 5 12noon – 3pm  
Michael's Harborside on the Newburyport waterfront*  
If you're feeling guilty about overeating and couch potato-ing on Super Bowl Sunday, Newburyport has a homegrown cure. Race entry fee is \$20 prior to race day with a long-sleeved T-shirt. Race Day entry is \$15 with no T-shirt.

### **WII FOR SENIORS AT NEWBURYPORT PUBLIC LIBRARY**

*Wednesday, February 8, 10am-11am  
Newburyport Public Library, 94 State Street*  
Seniors are invited to "play" various sports, dancing and competitive-style interactive games using the big screen television. All skill levels, including beginners, welcome.

### **PARKER RIVER NATIONAL WILDLIFE REFUGE - “BEHIND THE SCENES” REFUGE TOUR**

*Thursday, February 9, 9.30am – 11.30am  
Parker River National Wildlife Refuge - Visitors Contact Station  
- located in parking lot #1*  
Explore the refuge with a ranger and refuge biologist. See areas of the refuge that are otherwise closed to the public. Advance registration is required for this program.